



First Words

May 31, 2026



WELCOME

We're glad you're with us!

Small Groups

Small groups meet Sundays at **8:00, 9:15 and 10:45 AM**. For help finding a small group, visit the Welcome Center, or contact hopeg@fbctrussville.org.

Worship

9:15 AM (Traditional) • **10:45 AM** (Contemporary)

Other Helpful Info

Restrooms are conveniently located just outside the Worship Center.

Offering bins are located at the exits as you leave the Worship Center.

Listening devices are available by request; see an usher to inquire.

FBCT Library is located near the Events Center and open today 8:00 AM-12:30 PM and Tuesday 9:00 AM-5:00 PM.

Inquire or register for any FBCT event at the **Event Center**.

For assistance, please see an usher or visit the Welcome Center.

First-Time Guests

WE HAVE A GIFT FOR YOU!

Bring your completed tear-off to the Welcome Center or visit fbctrussville.org/next-steps and let us know that you were with us today!

Prayer

Let us pray for you. Share your prayer requests by visiting fbctrussville.org/prayer-requests, or by scanning this QR code. ▶▶▶



Reading the Bible Through 2026

It's never too late to start reading through the Bible with us! Pamphlets with the Scripture reading for each day are available at the Welcome Center and the Event Center!

MISSIONS MINISTRY



Looking for a Way to Serve?



FBCT Missions Ministry is all about helping you Do God's Work for His Kingdom, because It's All About Him! Scan the QR code to see local mission projects and sign-ups!

YMCA Lunches

Each Wednesday in June & July

We are partnering with the YMCA to provide lunches for area kids each Wednesday in June and July. Scan the QR code above to sign up!

Run Towards the Chaos

Jonah 1:1-10

Matt Galloway

May 31, 2026

God calls us to be a _____

*Now the word of the Lord came to Jonah the son of Amittai, saying,
2 "Arise, go to Nineveh, that great city, and call out against it, for their
evil has come up before me."*

Jonah 1:1-2 (ESV)

God is writing a _____ story than we could _____

*But Jonah rose to flee to Tarshish from the presence of the Lord. He
went down to Joppa and found a ship going to Tarshish. So he paid
the fare and went down into it, to go with them to Tarshish, away from
the presence of the Lord.*

Jonah 1:3 (ESV)

God tells Jonah to _____

Instead, Jonah _____

Everybody _____. Everyone is _____.

Paul was a _____

- Romans 7:7-8

Isaiah had issues with his _____

- Isaiah 6:5

God _____ and _____ us

*But the Lord hurled a great wind upon the sea, and there was a mighty
tempest on the sea, so that the ship threatened to break up.*

Jonah 1:4 (ESV)

*Then the mariners were afraid, and each cried out to his god. And
they hurled the cargo that was in the ship into the sea to lighten it for
them. But Jonah had gone down into the inner part of the ship and
had lain down and was fast asleep. 6 So the captain came and said
to him, "What do you mean, you sleeper? Arise, call out to your god!
Perhaps the god will give a thought to us, that we may not perish."*

Jonah 1:5-6 (ESV)

What do we do to stop running?

- _____ God
- _____ what we've done
- _____

*And they said to one another, "Come, let us cast lots, that we may
know on whose account this evil has come upon us." So they cast lots,
and the lot fell on Jonah. 8 Then they said to him, "Tell us on whose
account this evil has come upon us. What is your occupation? And
where do you come from? What is your country? And of what people
are you?" 9 And he said to them, "I am a Hebrew, and I fear the Lord,
the God of heaven, who made the sea and the dry land." 10 Then the
men were exceedingly afraid and said to him, "What is this that you
have done!" For the men knew that he was fleeing from the presence
of the Lord, because he had told them.*

Jonah 1:7-10 (ESV)

- Find a _____ and a _____

What is my ministry?

What is my mission?

How can I run with God _____?

COMING UP...



SECOND CHANCES
VBS 2026
June 1-4

Join us for an unforgettable adventure at VBS this week! Designed for kids in grades K5-5th, this four-day event is packed with engaging small groups, exciting lessons, and fun games. Together, we'll explore how Jesus' love reaches every corner of the globe and partner with one of our mission organizations to make a real difference. Don't miss this opportunity for your child to grow in faith while having a blast!



UNITE: BIRMINGHAM
JUNE 6TH & 7TH
@ THE HOOVER MET
FEATURING:
CHRIS TOMLIN, CHERITY GYLLÉ,
CHANDLER HEAWE, STE WARDROP &
A MESSAGE OF HOPE FROM SCOTT DAVISON

UNITE: Birmingham



June 6th & 7th • Hoover Met



A two-night evangelistic gathering bringing churches together to proclaim the Gospel and invite people to respond to Christ. Scan the QR code to learn more and get your tickets!

Conservatory Summer Camps

Don't miss our Conservatory camps this summer! We will have Fine Arts Camp, two sessions of Princess Dance Camp, and two sessions of Kids Art Camp. Scan the QR code to register or learn more!



Numbers From Last Sunday - May 24, 2026

Budget Receipts:	\$ 184,845	Small Groups:	1,299
Budget Received YTD:	\$ 3,536,038	Worship Services:	1,707

TODAY

- SAM AI Seminar
May 31 • 12pm • Fellowship Hall

THIS WEEK

- VBS 2026
June 1-4 • 9am-12pm • K5-5th Grade
- Unite: Birmingham
June 6th & 7th • 6:30pm • Hoover Met

NEXT SUNDAY

- Camp Ocoee Parent Meeting
Sanctuary • Following 10:45 Service
- Multiplication Table (College)
Dinner & Bible Study
June 7 • 6:00pm • Fellowship Hall

COMING UP

- Fine Arts Camp
June 8-11 • 8:30am-2:30pm • 1st-6th Gr.
- Camp Ocoee
June 9-13 • 6th-12th Grade • Ocoee, TN
- Be Well Lunch & Learn
June 11 • 11:30am • D200
- Men On Mission
June 13-20 • Marshall, Missouri
- Princess Dance Camp
June 15-18 & 22-25 • 9am-12pm
Girls ages 3-7 • D203
- Kids Art Camp
June 15-18 & 22-25 • 1-5pm
1st-7th Grade • C311
- Art Night with Lanette Yates
June 16 • 6-8pm • C303
- Sea of Galilee Prayer Run
June 20 • 7:30am • Old Camp Cosby Lake
- TVL Freedom Run
July 4 • 7am • Cahaba Flagpole
- Trussville Freedom Celebration
July 4 • Starting 5pm • Trussville Mall
- Day Camp
July 8 • 9am-3pm • K5-2nd Grade
- MS Delta Mission Trip
July 12-15 • Mississippi Delta Region
- Husky Basketball Camp
July 13-14 • 9-11am • K5-2nd Grade
- Lady Husky Basketball Camp
July 13-14 • 12:30-3pm • 3rd-6th
Grade Girls
- Boys Husky Basketball Camp
July 15-16 • 9am-12pm • 3rd-6th
Grade Boys
- Kids Camp
July 17-20 • 3rd-5th Grade • Pisgah, AL
- FBCT Golf Camp
July 27-30 • 9am-12pm • Ages 4-9
- Crop Drop
August 8 • 7am • FBC
- SAM Men's Golf Retreat
Sep. 20-22 • Villa Rica, GA
- SAM Washington D.C. Trip
Oct. 8-14 • Seasoned Adults



Scan the QR code to visit our website and register or learn more about these and other upcoming events!

WELCOME!

May 31, 2026



[fbctrussville.org/
guest-tear-off](http://fbctrussville.org/guest-tear-off)

We'd love to connect with you! By sharing a little about yourself, we're better able to know and care for you. Scan the QR or drop this in the offering bins as you leave!

SCAN HERE ▼



Help Us Get To Know You:

Name: _____

Phone: _____

Email: _____

Yes, my spouse attends with me.

Spouse Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Date of Birth: _____

I'm here today because _____ invited me.

I'm a member of another church attending today for a special occasion.

I'd like to be added to the e-newsletter list.

I'd like to join FBC Trussville!

The best way to reach me is:

Phone Text

Email Mail

Prayer Requests

Join our text message prayer chain!
Just text "Prayer" to 205-898-6920

Going through a difficult time? Reach out for help. stephenministry@fbctrussville.org

[fbctrussville.org/
prayer-requests](http://fbctrussville.org/prayer-requests)

Summer at FBCT

There's a lot going on this summer at FBCT! To stay up-to-date on everything happening throughout the summer, visit fbctrussville.org/summer.

Looking for a Small Group?

Name: _____

Phone: _____

Email: _____

I attend the:

9:15 Service 10:45 Service

Need a Place to Serve?

Name: _____

Phone: _____

Email: _____

Area(s) in which you'd like to serve:

- | | |
|---|---|
| <input type="checkbox"/> Door Holder | <input type="checkbox"/> Shuttle Driver |
| <input type="checkbox"/> Usher | <input type="checkbox"/> Security |
| <input type="checkbox"/> Preschool Care | <input type="checkbox"/> Children's Worship |
| <input type="checkbox"/> Special Needs | <input type="checkbox"/> Sports & Wellness |
| <input type="checkbox"/> Missions | <input type="checkbox"/> Wed. Food Server |
| <input type="checkbox"/> Homebound | <input type="checkbox"/> Media/Technology |
| <input type="checkbox"/> Coffee Bar | <input type="checkbox"/> Choir/Orchestra |

Want a Tour of Our Campus?

Name: _____

Phone: _____

Email: _____