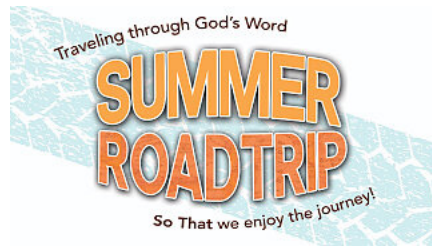


# Relaxation

## Hebrews 4:1-14

June 5, 2022



### God's Rest Begins With A \_\_\_\_\_

Therefore, since the promise of entering His rest still stands, let us be careful that none of you be found to have fallen short of it. For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed.

Hebrews 4:1-2 (NIV)

### God's Rest Is Found In His \_\_\_\_\_

Now we who have believed enter that rest, just as God has said, "So I declared on oath in My anger, 'They shall never enter My rest.'" And yet His works have been finished since the creation of the world. For somewhere He has spoken about the seventh day in these words: "And on the seventh day God rested from all His work." And again in the passage above He says, "They shall never enter My rest."

Hebrews 4:3-5 (NIV)

### God's Rest Is A \_\_\_\_\_

It still remains that some will enter that rest, and those who formerly had the gospel preached to them did not go in, because of their disobedience. Therefore God again set a certain day, calling it Today, when a long time later He spoke through David, as was said before: "Today, if you hear His voice, do not harden your hearts."

Hebrews 4:6-7 (NIV)

### God's Rest Provides \_\_\_\_\_

For if Joshua had given them rest, God would not have spoken later about another day. There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from his own work, just as God did from His. Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience.

Hebrews 4:8-11 (NIV)

R \_\_\_\_\_

"Look at the birds of the air...Are you not much more valuable than they?"

Matthew 6:26 (NIV)

I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well.

Psalms 139:14 (NIV)

E \_\_\_\_\_

...I have learned to be content whatever the circumstances. Philippians 4:11 (NIV)

S \_\_\_\_\_

"Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God..."

Exodus 20:9-10 (NIV)

T \_\_\_\_\_

"Come to Me, all you who are weary and burdened, and I will give you rest."

Matthew 11:28 (NIV)

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