

First Words
July 23, 2023

CHOOSEjoy

A MESSAGE STUDY ON
THE BOOK OF PHILIPPIANS

Today
Strength and Happiness
Philippians 4:1-10

Memory Verse

I can do all things through Him who strengthens me.
Philippians 4:13

Welcome!

Glad you're with us!

Small Groups

Sundays at 8:00, 9:15 & 10:45am.
For help finding a small group,
contact: darrington@fbctrussville.org

Worship Today

- 9:15am (Traditional)
- 10:45am (Contemporary)

Other Helpful Info

- **Restrooms** are conveniently located just outside the Worship Center.
- **Offering bins** are located at the exits as you leave the Worship Center.
- **Listening devices** are available by request; see an usher to inquire.
- **FBCT Library:** **Today** 8:00am-12:30pm. **Tuesday** 9:00am-5:00pm
Wednesday 4:00-7:00pm **Come see our missions display>>>**
- Inquire or register for any FBCT event at the **Event Center**.
- **For assistance** please see an usher or visit the Welcome Center.

Prayer. Let us pray for you. Go to fbctrussville.org/prayer-requests
or use today's tear off, and share you prayer requests with us today.

1st Time Guests

Bring today's completed
tear off to the Welcome
Center, or visit
[fbctrussville.org/
next-steps](https://fbctrussville.org/next-steps) and let us
know you were with us today!

A
*Free
Gift*
For You!



Help through times of difficulty.

Contact us at:
stephenministry@fbctrussville.org

Mayor's Prayer Breakfast

Friday, August 4 • 6:30am • \$15
Trussville Civic Center

With guest speaker,
Jeremiah Castille!

Tickets available today
at the Event Center.



Opportunities To Serve

For details on ways you can help, scan the QR code at right,
or visit: fbctrussville.org/helper



Strength and Happiness

Philippians 4:1-10



July 23, 2023

Therefore, my brothers, you whom I love and long for, my joy and crown, that is how you should stand firm in the Lord, dear friends! Philippians 4:1 (NIV)

Rejoice in the Lord always. I will say it again: Rejoice! Philippians 4:4 (NIV)

A cheerful heart is good medicine, but a crushed spirit dries up the bones. Proverbs 17:22 (NIV)

1. Be _____ In Relationships

I plead with Euodia and I plead with Syntyche to agree with each other in the Lord. Yes, and I ask you, loyal yokefellow, help these women who have contended at my side in the cause of the gospel, along with Clement and the rest of my fellow workers, whose names are in the book of life. Philippians 4:2-3 (NIV)

Self Evaluation: 1 5 10

2. Be Gentle In _____

Let your gentleness be evident to all. The Lord is near. Philippians 4:5 (NIV)

A gentle answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1 (NIV)

Self Evaluation: 1 5 10

3. Practice _____ To Resolve Anxiety

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 (NIV)

Self Evaluation: 1 5 10

4. Capture My _____

Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4:8 (NIV)

Self Evaluation: 1 5 10

5. Live The _____

Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you. I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. Philippians 4:9-10 (NIV)

Remember: We have peace _____ God when we have peace _____ God which empowers peace with _____.

Self Evaluation: 1 5 10

“God cannot give us _____ and _____ apart from _____, because it is not there. There is no such thing.”

- C.S. Lewis

BURGERS, BARRELS AND BUSINESS



This Wednesday, July 26 • Gym

5:00pm Grilled Burgers! (\$5 per person/\$20 family max)

6:00pm Quarterly Business Mtg!

6:30pm Homemade Ice Cream!

Ice Cream needed! Volunteer at the Event Center or by using today's tear off.



SERVE DAYS

- **Magnolia Elementary**
Tomorrow, Monday, July 24
- **Grantswood Elementary**
This Saturday, July 29
- **Cahaba Elementary**
Tuesday, August 1
- **Paine Elementary**
Saturday, August 5

Getting our schools ready for the new year!
Sign up at: fbctrussville.org/helper



Numbers From Last Sunday - July 16, 2023

Budget Receipts:	\$ 124,123	Small Groups:	1,277
Budget Received YTD:	\$ 4,304,118	Worship Services:	
NEXT YTD:	\$ 444,566	On Campus - 1,773	Online - 322
		➔ Total: 1,950	

Today (7/23)

Fort Deposit Christmas In July

Visit the trees at the Mission Wall and soft play area for details!



This Week (7/24-29)

Mission Trips This Week

A team of 12 from our church leaves for Knik, Alaska this Friday, where they will assist a church plant there.

Husky Basketball Camps* (Sports)

- **Girls - Tuesday/Wednesday, July 25-26**
 - **Boys - Thursday/Friday, July 27-28**
- 8:30am-Noon • 3rd-6th Graders • \$85**
Basketball skills taught by Hewitt-Trussville coaches and players!

Serve Day Days (Missions)

- **Magnolia - Monday, July 24**
- **Grantswood - Saturday, July 29**

Bring pressure washers, brushes, and yard tools if possible. Sign up using the QR Code at right.



Miss PattyCake* (Preschool)

Wednesday, July 26 • 10:00am • \$10
It's a morning of music and fun for preschoolers, in the Worship Center!

Burgers, Barrels & Business

Wednesday, July 26 • 5:00-7:00pm
Grilled burgers, served @5:00pm, quarterly business meeting at 6:00, and homemade ice cream served afterwards (in the Gym).



No Exercise Classes This Week

Due to ongoing camps in the Gym. Classes will resume next week.

SAM Game Day (Seasoned Adults)

Thursday, July 27 • 9:30am • CB-00
Games, lunch and fellowship in the middle school space!

Next Sunday (7/30)

SAM Sunday Stroll* (Seasoned Adults)

3:00pm • Searcy Farms • \$10
An afternoon picnic in Springville!

Coming Up

- **Cahaba Elem. Serve Day (Missions)**
Tuesday, August 1 • 8:00am
Yardwork, painting and other helps to get this school ready for the new year!
Sign-up: fbctrussville.org/helper
- **Family Fun Nights: Putt-Putt**
Wednesday, August 2 • 5:00-7:00pm
Dinner, then putt-putt on campus!
- **Popsicles In The Park (Preschool)**
Thursday, August 3 • 9:00am
Summer fun for little ones and their moms at the park in Moody!
- **Mayor's Prayer Breakfast**
Friday, August 4 • 6:30am • \$15
At the Trussville Civic Center, with guest speaker, Jeremiah Castille!
Tickets available at the Event Center.
- **Freshman Welcome Weekend* (Students)**
Friday, August 4 • 8:30am • \$20
At Rock Mountain Farms in McCalla.
- **6th Grade Launch* (Students)**
Friday, August 4 • 5:00pm • CB-00
Kids move into the Student Ministry on a fun night just for them!

*Register: fbctrussville.org/events

On Today's Tear Off:



Homemade Ice Cream

Needed for our July 26 Family Fun Night.
If you'd like to offer to help make us a batch,
let us know!

Name: _____

Phone: _____

Email: _____

Stephen Ministry stephen MINISTRY

Help through difficult times from
trained, caring ministers. Please contact me:

Name: _____

Phone: _____

Email: _____

stephenministry@fbctrussville.org

Preschool Sunday School Help

Teachers are needed for the fall. Can you help
us? Let us know! Request more info here:

Name: _____

Phone: _____

Email: _____

*All preschool volunteers are background checked
and required to go through ministry safe training.*

Coffee Bar Volunteers

Help needed at the coffee bar on Sundays at
8:30 and 10:30am. Indicate your interest below:

Name: _____

Phone: _____

Email: _____

To volunteer to make ice cream, email
sherrie@fbctrussville.org

For Stephen Ministry info, email
stephenministry@fbctrussville.org

For Preschool Sunday School help, email
kelseyw@fbctrussville.org

For Coffee Bar help, email
jamiec@fbctrussville.org