

Welcome to Worship!

August 22, 2021



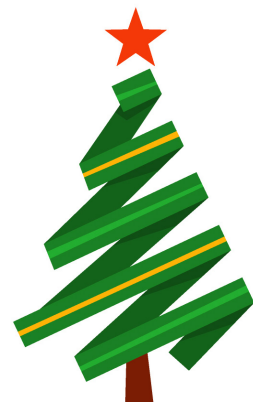
Today

Preschool, Children, and Middle School Choir Kick-Off!

All kids and middle school students are invited as we kick-off fall rehearsals and begin preparation for Christmas! Please re-register at: fbctrussville.org/event

4:45pm - Children (1st-5th) • Building C, 3rd floor
Middle School (6th-8th) • Building C, 3rd floor

5:00pm - 3K • Room A117
4K-5K • Building C, 3rd floor



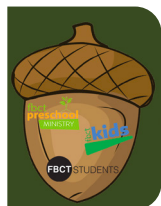
Disciple Now Registration

Today is your last chance to sign up at the discounted rate
DNOW is January 14-16, 2022. The cost is \$80, but earlybird registration ends today, letting you register for just \$60. Sign up today at: fbctrussville.org/event

Mighty Oaks Prayer Ministry

Committing to pray for preschoolers, children, and students

Stop by the soft play wall *today* (near the Preschool entrance) and pick up a card with the name of a child or student from our church family displayed on it. By doing so you commit to pray for this child or student for the coming year!



New Small Groups

20's & 30's Couples Class - 10:45am • D143 • Led by Seth King and Jeff Moore
20's & 30's Young Marrieds Class - Thursday evenings, at the home of William & Joy Tyner • Childcare available! - Email jeffg@fbctrussville.org for info.

This Week 8/22-28

Christmas Kick-Off for Adult Choir

Wednesday, August 25 • 6:15pm • Choir Room
If you're "a regular," we need you here! If you've been part of the choir in the past, we need you back! Join us this Wednesday as we begin looking at our Christmas presentation, *Here With Us!*

Beginner Ballet and Jazz Classes

Beginning Thursday, August 26 (thru December 16)
These are new dance classes offered to your child (ages 3-7), taught on Thursdays through the FBCT Conservatory. For info visit: fbctconservatory.org

FBCT Library Carryout Service

Take advantage of the thousands of Christian resources from our library! Email at connieh@fbctrussville.org.

Exercise Classes

They happen every week here!
\$3 per class, or \$20 per month. For a complete list of everything offered, visit: fbctrussville.org/health

Missions

What's Happening On Helper-Helper

- **WMU Christmas Backpacks**
Tuesday, August 25 • 10:30am • D200
Packing backpacks for kids 2-17 in the Delta region (food, clothes, hygiene items, toys, and Bibles).
- **Shades Valley Pregame Meal**
Friday, August 27 • 2:30-4:00pm
Deliver and serve a pregame meal to the Shades Valley football team prior to their game.
- **Hope Lodge**
Tuesday, August 31 • 8:00am
We will stock the food pantry of this facility that offers cancer patients and their families a free place to stay while in town receiving treatment.

Next Sunday 8/29

Starting Point

Sunday, August 29 • 5:00pm
In the Fellowship Hall

Our next info class for those new to our church is coming up next week! If you're new here, or looking for a church home, plan on joining us! Dinner and childcare provided. Register using today's tear off!



Coming Up

KickStart

Tuesday, August 31 • 6:45am
A new student worship service before school, happening the last Tuesday of every month!

Edible Education

Friday, September 10 • 11:30am • Fellowship Hall • \$6
Our topic will be "Moving You," as Kendell Jno-Finn, PT, DPT, joins us for a discussion on flexibility and balance.

FBCT Golf Tournament

Friday, September 24 • 8:00am
Grayson Valley Country Club • \$110
Registration is going on now!



Parent Workshop

Sunday, September 26 • 6:30-8:00pm • A200
Ricky Chelette (Living Hope Ministries) will speak to us on the topic of sexuality and gender development in guys and girls, giving you Biblical tools to address these issues when they arise with your student. Mark your calendar!

Christmas In August, for Fort Deposit

Happening through August 31
Donate a toy to our annual Christmas toy drive for the children in Fort Deposit using our Target registry.

See more on these at fbctrussville.org/helper

Starting Point Registration

Please plan on me at the next Starting Point on August 29th!



Name _____

Phone _____

Email _____

Childcare needed _____ Ages of kids _____

Coffee Bar Volunteers

Yes! I'm interested in helping at the coffee bar!

Name _____

Phone _____

Email _____

Deacon Recommendation

Help Us Get To Know You:

Name: _____

Email: _____

Phone: _____ My spouse attends with me

Spouse's Name: _____

Address: _____

City: _____

State: _____ Zip: _____ Date of Birth: _____

- I'd like more info on how to have a relationship with Jesus
- I'd like to recommit my life to Jesus Christ
- Today I prayed to receive Christ as my Savior for the first time
- I would like to join FBC Trussville
- I would like to be added to the e-newsletter list
- I am here today because someone invited me

KNOW HIS WAYS

Ephesians 4:1-16

August 22, 2021

Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming. Instead, speaking the truth in love, we will in all things grow up into Him who is the Head, that is, Christ. From Him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. Ephesians 4:14-16 (NIV)

1. Be Obedient To God's _____

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Ephesians 4:1 (NIV)

Do not merely listen to the Word, and so deceive yourselves. Do what it says. Anyone who listens to the Word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it—he will be blessed in what he does. James 1:22-25 (NIV)

2. Aggressively Pursue Great _____

Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. Ephesians 4:2-3 (NIV)

Note: “Unity is directly _____ to _____.”

It is an honor for a man to stay out of a fight. Only fools insist on quarreling. Proverbs 20:3 (TLB)

3. Follow His _____

There is one body and one Spirit—just as you were called to one hope when you were called—one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all. Ephesians 4:4-6 (NIV)

Learning His Ways:

- Have a Q_____ T_____
- Participate in _____ worship
- Join with others in _____ worship
- L_____ with others
- S_____

4. Display His _____ In _____

But to each one of us grace has been given as Christ apportioned it...It was He who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, to prepare God's people for works of service, so that the body of Christ may be built up. Ephesians 4:7, 11-12 (NIV)

Note: Christians are not saved by _____ but an authentic _____ does _____!

5. Have A _____ Life

Until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ. Ephesians 4:13 (NIV)

I want to know Christ and the power of His resurrection and the fellowship of sharing in His sufferings, becoming like Him in his death, and so, somehow, to attain to the resurrection from the dead. Philippians 3:10-11 (NIV)

“Yada” =

Growing In Knowing:

1. T_____

2. T_____

M_____ Prayer = M_____ Joy

L_____ Prayer = L_____ Joy

N_____ Prayer = N_____ Joy

3. T_____

“God commands us to be _____ with the _____, and if we are not _____, it is because we are living _____ our _____.”

D.L. Moody

KNOW
His Ways

SPIRITUAL GROWTH

8 Steps To Growing In Christ

Like our physical health, our spiritual health will decline, wither and stagnate without regular attention. Spiritual growth depends on feeding as much as physical growth.

With this in mind, here is a strategy for personal spiritual growth.

1. Define spiritual growth

Reading devotional books seems to be popular for most people, but reading books does not lead automatically to spiritual growth. We need to go beyond reading spiritually “warm and fuzzy” books to assimilating information, identifying what spiritual growth is, taking specific actions that help us identify what we want to be as spiritually mature Christians, and then sharing what we’ve discovered through interaction with others.

2. Make growth a priority

Spiritual growth comes when we set a specific time and develop a specific plan for spending time with God.

3. Set personal goals

Goals that we set for ourselves are more motivating than goals someone else sets. Write goals on a sheet of paper and place them where you can be reminded of them periodically.

4. Identify key resources

Certainly your Bible and devotional materials are important. Sometimes a key resource is another person with whom you can share your thoughts, feelings, and discoveries. Discipleship studies and other Christian books can be powerful resources for spiritual growth as well.

5. Develop accountability groups

Informal or formal accountability groups can motivate us to follow through on our commitments.

6. Model growth for others

If you teach or are another leader in your class, set the pace by modeling spiritual disciplines for growth for learners. Share information periodically that you’ve discovered, particularly when you have a remarkable spiritual insight—one of those “Ah-ha moments.”

7. Evaluate periodically

Remember the goals you set earlier? Go back at least once each quarter to see how you are progressing toward your goals and make adjustments as necessary.

8. Mentor others

As you grow spiritually, you are likely to want to share your growth with others. Enlist someone to be your spiritual apprentice and invest yourself in another person with whom you can share your spiritual pilgrimage. Mentoring others is how Jesus invested Himself in His followers.

Personal growth comes when Christians make an intentional effort to become more Christlike. Spiritual transformation is not automatic, but spiritual growth can be contagious. When others see the excitement that a closer walk with Christ can bring, they too will seek what you’ve discovered for your own life. **So with this in mind, how are you setting the pace for spiritual growth?**

SPIRITUAL DISCIPLINE

Creating Habits That Last Forever

The best two ways to know Jesus and His ways is through the spiritual disciplines of spending time in the Bible, and prayer. “Just doing it” sounds easy, but like all good habits, it takes practice to make them part of your life and routine. Here are a tips that may prove helpful for you:

Tips to practicing the disciplines

1. **Put them on your calendar.** Set aside time to read the Bible and pray. Decide where you are going to connect with Jesus.
2. **Keep the resources** you need together (like your Bible, highlighter, pen, journal, etc.).

How to Get Something Out of Your Time in the Bible

1. Have a reading plan
2. Before you open your Bible, pray asking God to speak to you through the reading of His Word today.
3. Work through your daily passage by writing out...
 - Highlight—what is the main thing that stood out to you from the reading.
 - Explain—what you read in your own words.
 - Apply—a way that you need to apply today’s reading to your life.
 - Respond—a prayer asking God to help you live out your application.
4. Consistently repeat this process

How to Pray

1. Use Scripture to focus your prayer.
2. Talk to God about what is going on in your life. What is on your mind? What is keeping you up at night? What makes you smile?
3. Have a list of people and situations that you work through weekly.
4. Set aside time to listen to God everyday.

JOINING A SMALL GROUP

Basic steps for finding community

For some, the idea of joining a small group can be a little intimidating. Your small group is what makes a big church like ours feel small, but finding the right group doesn't have to be difficult. Here are some practical ideas to help make the process a little easier for you:

Explore Your Options

Browse the church website (www.fbctrussville.org/smallgroups), or visit the Welcome Center and ask for help. There are various options for groups that suit your age, stage of life, and style of worship. Or you can contact Pastor Jamie at jamieo@fbctrussville.org for help.

Craft A Plan

Do as much work as you can on Saturday night to avoid distractions and hinderances that can pop on Sunday morning. Find room numbers on our website, and think through the steps necessary (like dropping kids off at their classes, where you'll park, etc.) to get to your small group on Sunday morning.

Show Up

Yes, it's that easy. Half the battle is just making the effort to be there. But if you need help finding your class, a Welcome Center host will be glad to escort you to the correct location and introduce you to the leaders. Or, you can find your way to the room and introduce yourself as a guest. You will be welcomed!

Share Your Information

It is important to share as much information as you are comfortable with so that the leaders can communicate and connect with you. Each group has a different way of keeping group members in the loop, so provide contact information that you're comfortable sharing with the leader(s). They will take good care of that info and keep you in-the-know as to class news and happenings.

Go For A Test Drive

We recognize that not every group is the perfect fit for every member. So we encourage you to try a few groups before committing to one. Every group has a different teaching style, group dynamics, and personalities, and the leaders are not offended as you try out a few. What's most important is that you find the group where you best fit, and like trying on clothes, sometimes you have to try on a few groups before you find that perfect one!

