First Words

October 5, 2025

Today:

SELF CONTROL

WELCOME

We're glad you're with us!

SMALL GROUPS

Small groups meet Sundays at **8:00, 9:15 and 10:45 AM.** For help finding a small group, visit the Welcome Center, or contact **darrington@fbctrussville.org.**

WORSHIP

9:15 AM (Traditional) • **10:45 AM** (Contemporary)

First-Time Guests

WE HAVE A GIFT FOR YOU!

Bring your completed tear-off to the Welcome Center or visit **fbctrussville.org/next-steps** and let us know that you were with us today!

OTHER HELPFUL INFO

Restrooms are conveniently located just outside the Worship Center.

Offering bins are located at the exits as you leave the Worship Center.

Listening devices are available by request; see an usher to inquire.

FBCT Library is located near the Events Center and open today 8:00 AM-12:30 PM, Tuesday 9:00 AM-5:00 PM and Wednesdays 4:00 PM-7:30 PM.

Inquire or register for any FBCT event at the **Event Center.**

For assistance, please see an usher or visit the Welcome Center.

PRAYER

Let us pray for you. Share your prayer requests by visiting **fbctrussville.org/prayer-requests,** or by scanning this QR code. ►►►

Reading the Bible through in 2025!

OCTOBER

THIS WEEK:

Oct 5	Isaiah 23-25; Philippians 1
Oct 6	Isaiah 26-27; Philippians 2
Oct 7	Isaiah 28-29; Philippians 3
Oct 8	Isaiah 30-31; Philippians 4
Oct 9	Isaiah 32-33; Colossians 1
Oct 10	Isaiah 34-36; Colossians 2
Oct 11	Isaiah 37-38; Colossians 3

Missions Opportunities

Operation Christmas Child
Pick Up Boxes at the Mission Wall

Bless a child this Christmas and pack a shoebox for Samaritan's Purse Operation Christmas Child!

CLCC Meal: 10.12.25 at 5-7PM

Sign your small group up to provide and serve a meal at Changed Lives Christian Center. Sign up on Helper Helper.

Helper Helper App

Helper Helper provides you with ways to get more involved in being the hands and feet of Jesus. Sign up today to receive updates on service opportunities here at FBCT!

Helper Helper ▼

Personal Power

Fruit of the Spirit

Buddy Champion

OCTOBER 5, 2025

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Galatians 5:22-23 (NIV)

A man without self-control is as defenseless as a city with broken down walls. Proverbs 25:28 (LB)

☐ Uncontrolled _____

A fool gives full vent to his anger, but a wise man keeps himself under control. Proverbs 29:11 (NIV)

☐ Uncontrolled _____

Do not lust in your heart after her beauty or let her captivate you with her eyes, for the prostitute reduces you to a loaf of bread, and the adulteress preys upon your very life.
Proverbs 6:25-26 (NIV)

☐ Uncontrolled _____

The wise man saves for the future, but the foolish man spends whatever he gets. Proverbs 21:20 (TLB)

☐ Uncontrolled _____

Who has woe? Who has sorrow? Who has strife? Who has complaints? Who has needless bruises? Who has bloodshot eyes? Those who linger over wine, who go to sample bowls of mixed wine.
Proverbs 23:29-30 (NIV)

☐ Uncontrolled _____

Do not wear yourself out to get rich; have the wisdom to show restraint. Proverbs 23:4 (NIV)

The greatest destroyer: An uncontrolled _____

Annually speak enough to fill _____ books with each being 800 pages long.

The average man speaks _____ words a day.

The average woman speaks _____ words a day.

The tongue is a small thing, but what enormous damage it can do! A great forest can be set on fire by one tiny spark. ...[The tongue] can turn our whole lives into a blazing flame of destruction and disaster.
James 3:5-6 (LB)

Self-control means controlling the tongue! Proverbs 13:3 (LB)

How to Manage Your Mouth?

Understand the _____

We all stumble in many ways. If anyone is never at fault in what he says, he is a perfect man, able to keep his whole body in check.
James 3:2 (NIV)

Live with _____

Likewise the tongue is a small part of the body, but it makes great boasts. James 3:5 (NIV)

Be aware of the _____

It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell. James 3:6 (NIV)

Walk _____

Can both fresh water and salt water flow from the same spring?
James 3:11 (NIV)

_____ *people* _____ *before they*

_____. *What they say is then more* _____.

Proverbs 16:23 (GN)

COMING UP...

412 WKND
Oct 17-18 • 4th & 5th Graders • FBCT HS Space

Get ready for another great 412 Weekend! This is an exciting two-day event just for 4th and 5th graders, packed with fun activities like arts & crafts, STEM, sports, and food creation! This weekend is all about connection, creativity, and faith. 4th and 5th graders, you don't want to miss it! Sign up today!

Fall Family Night 2025

Bring the whole family for an evening of fun, laughter, and plenty of sweet treats. Don't forget to wear your favorite costume! If you'd like to volunteer to help, scan the QR code to find an open slot!

Family Dedication
Nov 2 • 9:15 & 10:45 Services

We are so excited to celebrate Family Dedication! You can choose to participate during the 9:15am or the 10:45am service. Scan the QR code to sign up today!

PRAY THIS WEEK FOR:

- Operation Christmas Child Boxes That Will Spread the Good News of Jesus to People All Over the World
- Positive Choices Pregnancy Resource Center and Executive Director Brian Bristol

Numbers From Last Sunday - September 28, 2025

Budget Receipts:	$ 126,024	Small Groups:	1,698
Budget Received YTD:	$ 6,463,010	Worship Services:	
NEXT YTD:	$ 164,689	On Campus - 1,931 Online - 336	
MVMT Together YTD:	$ 2,038,293	Total:	2,267

THIS WEEK

First Monday Prayer
Oct 6 • 10am • D139
Prayer led by Seasoned Adults, but for everyone!

Team brAVERY Blood Drive*
October 7 • 1-6pm • Gym
Join us for our Team brAVERY Blood Drive, in honor of Avery Snuggs, 13 year cancer survivor.

6:11 Men's Breakfast
Oct 9 • 6:11am • Gym
Men, join us for a hearty breakfast and a challenge from God's Word! This breakfast is for men and boys of all ages.

COMING UP

Be Well Lunch & Learn*
Oct 14 • 11:30am • Fellowship Hall
Dr. Keaona Adkinson, Director of Oncology at Grandview Medical Center will join us!

412 WKND*
Oct 17-18 • 4th & 5th Graders • @FBCT
An exciting two-day event just for 4th and 5th graders! This weekend is all about connection, creativity, and faith.

Pink Maple Leaf Run
Oct 18 • 7:30am • 226 Main St.
Wear your pink! We'll start at Tula J Boutique and end at Maple Ave Coffee House.

Flu Shots
Oct 19 • 8am-12pm • Gym Lobby
Oct 22 • 4:30-6pm • Gym Lobby
Stay healthy and get your flu shot here at FBCT. Stop by before or after church or before midweek activities!

FBCT Fall Golf Tournament*
Oct 20 • 8am • Grayson Valley CC
$125/person $500/team
Our annual Fall golf tournament is back! Sign up or learn more on the Events page.

JELLO Trunk or Treat
Oct 23 • 10am • @FBCT
We want to invite moms and their preschoolers to join us for JELLO Trunk or Treat! This will be a great time with candy and fun activities!

Foundations 4 Hope 5K
Oct 25 • 8am • Trussville Entertainment District
Run a 5K benefitting Foundations for Hope! Sign up at **runsignup.com/Race/AL/Trussville/Foundations4Hope5K**

Senior Adult Homecoming at St. Simons Island*
October 26-29
Enjoy three nights of lodging, six delicious meals, charter bus transportation, inspiring Bible teaching, uplifting concerts, and more at Epworth by the Sea!

Fall Family Night
October 31 • 5:00-7:00pm
Bring the whole family for an evening of fun, laughter, and plenty of sweet treats. Don't forget to wear your favorite costume! If you'd like to volunteer to help, visit the Events page and follow the link to sign up!

Basketball and Cheer League*
Registration is Open Through 10/31!
Registration is now open for Upward Basketball & Cheer (K5-2nd Grade) and Student Basketball (3rd-12th Grade)!

Family Dedication*
November 2 • 9:15 & 10:45 Services
We are excited to celebrate Family Dedication! You can participate during the 9:15 or 10:45 service.

Marriage Conference*
January 23-25 • $75 thru Nov 2
Invest in your marriage with a weekend filled with worship, wisdom, and plenty of fun! The conference will feature Dr. Tate Cockrell, Brenner Worship, and Stephen Bargatze. Early bird price is $75/couple through Nov 2!

*** Registration: fbctrussville.org/events**

WELCOME!

October 5, 2025

fbctrussville.org/guest-tear-off

We'd love to connect with you! By sharing a little about yourself, we're better able to know and care for you. Scan the QR or drop this in the offering bins as you leave!

SCAN HERE ▼

Help Us Get To Know You:

Name: _____

Phone: _____

Email: _____

☐ Yes, my spouse attends with me.

Spouse Name: _____

Address: _____

_____

City: _____

State: _____ Zip: _____

Date of Birth: _____

☐ I'm here today because _____ invited me.

☐ I'm a member of another church attending today for a special occasion.

☐ I'd like to be added to the e-newsletter list.

☐ I'd like to join FBC Trussville!

The best way to reach me is:

☐ Phone ☐ Text

☐ Email ☐ Mail

Prayer Requests

fbctrussville.org/prayer-requests

_____

_____

_____

_____

Going through a difficult time? Reach out for help.
stephenministry@fbctrussville.org

FBCT Prayer Texts

Join our text message prayer chain!
Just text **"Prayer"** to **205-898-6920**

Fall Family Night Volunteers

Name: _____

Phone: _____

Email: _____

I will help with:

☐ Set-Up ☐ Greeting/Directions

☐ Food/Drinks ☐ Where Needed

I'm Looking for a Small Group

Name: _____

Phone: _____

Email: _____

I attend the:

☐ 9:15 Service ☐ 10:45 Service

To use our Small Group Finder, visit
fbctrussville.org/small-groups

Stephen Ministry

Going through a crisis? If life is overwhelming right now and you'd like some support and prayer, email "Pray for me" to **stephenministry@fbctrussville.org**

Midweek @ First Baptist

This Wednesday, October 8
Hamburgers are on the Menu!
4:30-6:00pm • In The Gym (Dine-in only)
• $5 ADULTS, $2 KIDS, $20 IMMEDIATE FAMILY MAX
• SALAD BAR OFFERED AS AN ALTERNATIVE ENTRÉE

fbctrussville.org/midweek