

# ***Birmingham Run Groups***

<https://www.trakshak.com/>

<https://www.fleetfeet.com/s/birmingham>

<https://f3nation.com/workouts/>

[https://www.resoluterunning.com/index.html?gclid=CjwKCAiAIJKuBhAdEiwAnZb7IbOYrE\\_P7VOPkkjC-ChIkt0EZ4YMV4nwQ8IzXUptTmMxrfQqDoMhoCzBIQAvD\\_BwE](https://www.resoluterunning.com/index.html?gclid=CjwKCAiAIJKuBhAdEiwAnZb7IbOYrE_P7VOPkkjC-ChIkt0EZ4YMV4nwQ8IzXUptTmMxrfQqDoMhoCzBIQAvD_BwE)

<https://www.birminghamtrackclub.com/>

<https://cahabadistance.github.io/#/>

<https://runbuts.com/>

<https://www.southeastertrailruns.com/>

<https://runninglane.com/>

<https://fianation.com/locations/alabama/birmingham/> (Sunday group starts at 6am, not 6:30)